

Section 5: How You Can Cum from Pegging Your Man

A Guide to Pleasure and Power in Pegging Dynamics

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1 Introduction

Pegging, where a person uses a strap-on dildo to anally penetrate their male partner, is an intimate and empowering act within consensual BDSM or sexual dynamics. This guide, narrated by Paula, explores how the dominant partner can achieve orgasm during pegging, enhancing mutual satisfaction and reinforcing the power exchange. We cover strap-on selection, positioning, techniques, and safety, with visual aids to clarify concepts.

Note: All activities require explicit consent, clear communication, boundaries, and safe words. This guide assumes a female dominant and male submissive but is adaptable.

2 Understanding Pleasure from Pegging

The dominant can experience orgasm through:

- **Physical Stimulation:** Strap-ons with clitoral stimulators, internal plugs, or vibrators, plus body contact in certain positions.
- **Psychological Arousal:** The thrill of dominance and partner reactions.
- **Combination:** Physical and psychological elements amplify pleasure.

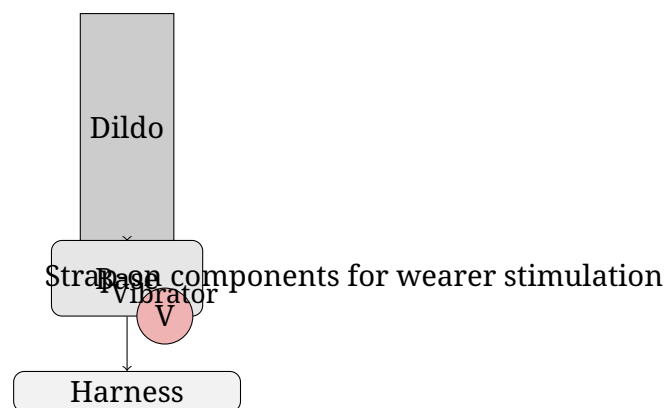


Figure 1: Simplified strap-on design with clitoral vibrator.

3 Paul's Tutorial: Achieving Orgasm

Hi, I'm Paula. This tutorial will guide you to orgasm while pegging, using the right tools and techniques. Let's make this as pleasurable for you as it is empowering.

3.1 Step 1: Choose the Right Strap-On

Selecting a strap-on designed for the wearer's pleasure is key. Recommended options:

Tips:

- Ensure a snug harness fit for maximum clitoral contact.
- Use body-safe silicone dildos with flared bases.
- Start with smaller dildos (4–5 inches, 1–1.25 inches diameter) for beginners.

Strap-On	Features	Best For
Tantus Bend Over Beginner Kit	Adjustable harness, two silicone dildos, flat base for clitoral stimulation	Beginners
SpareParts Joque with We-Vibe Match	Breathable harness, bullet vibrator pocket, We-Vibe for clitoral/G-spot stimulation	Intense hands-free pleasure
RodeoH Duo Harness	Double-ended with internal dildo for wearer	Internal stimulation
Tomboii with Vibrating Dildo	Sturdy harness, vibrating dildo with textured base	Mutual stimulation

Table 1: Recommended strap-ons for dominant pleasure.

- Apply water-based lubricant for comfort.

3.2 Step 2: Prepare for Pleasure

- **Set the Scene:** Use dim lighting or music to boost arousal.
- **Communicate:** Confirm boundaries and safe words.
- **Warm-Up:** Engage in foreplay, insert internal components, and lubricate.
- **Test Harness:** Adjust for tight fit and test vibrators.

3.3 Step 3: Best Positions

Positions that maximize clitoral or pelvic contact are ideal.

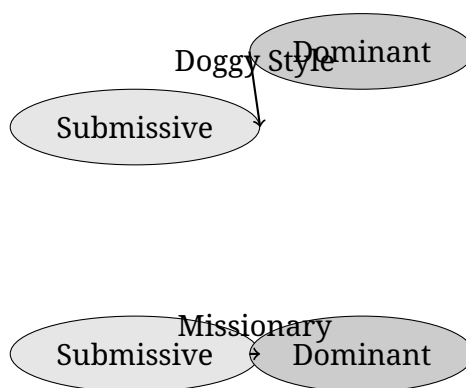


Figure 2: Basic positioning for doggy style and missionary.

- **Doggy Style:** Submissive on all fours, dominant behind. Grind against the harness base; add a vibrator.
- **Missionary:** Submissive on back, legs raised. Lean forward to press harness against clitoris.
- **Cowgirl:** Submissive lies flat, dominant straddles. Rock for clitoral stimulation.

- **Spooning:** Both on sides, dominant behind. Press hips for contact; use internal dildo.

3.4 Step 4: Techniques to Cum

- **Grinding:** Use rhythmic thrusts or circular motions to stimulate clitoris.
- **Vibration:** Cycle through vibrator settings.
- **Psychological Arousal:** Use commands or dirty talk.
- **Combine Stimulation:** Add manual or vibrator clitoral stimulation.
- **Prostate Play:** Angle thrusts to hit the prostate, amplifying mutual arousal.

3.5 Step 5: Safety and Aftercare

- **Safety:** Use lubricant, flared-base dildos, and check comfort.
- **Aftercare:** Cuddle, discuss, and clean toys thoroughly.

4 Paul's Final Tips

- Embrace confidence to enhance arousal.
- Experiment with strap-ons and positions.
- Use verbal dominance to heighten pleasure.
- Practice to perfect your rhythm.

5 Conclusion

With the right strap-on, positions, and techniques, pegging can be an orgasmic experience for the dominant. Prioritize consent, safety, and communication for a fulfilling dynamic.